



Making a Difference Together
**7th Annual Special Education
Parent Conference and Resource Fair**
Sponsored by:
Family to Family Network
and KISD Special Education Department



Teen Empowerment & Education Network (T.E.E.N.) for high school students/young adults:

THIS IS A FREE EVENT FOR ALL HIGH SCHOOL & FAMILY MEMBERS

TO PRE-REGISTER FOR THE CONFERENCE, GO TO: www.familytofamilynetwork.org and click on Events/Katy Conference for online registration, or call 713-466-6304 to register by phone.

Date: Saturday, March 3, 2012

Time: 8:00 a.m. to 4:15 p.m.

Location: Cinco Ranch High School (KISD)
23440 Cinco Ranch Blvd.
Katy, Texas 77494

Directions: Cinco Ranch High School is located in the NW corner of Tx99/Cinco Ranch Blvd. across from LaCenterra and approximately:

3 miles south of Interstate 10 – Exit TX 99 South **OR** 3 miles north of the Westpark Tollway.

Conference Schedule:

8:00 a.m.	Registration and Exhibits Open
9:00 – 10:15 a.m.	Session 1
10:15 – 10:45 a.m.	30 min. Break - Exhibits Open
10:45 – 12:00 noon	Session 2
12:00 noon – 1:30 p.m.	Lunch Break - Exhibits will close at 1:30
1:30 – 2:45 p.m.	Session 3
2:45 – 3:00 p.m.	15 min. Break
3:00 – 4:15 p.m.	Session 4

Pre-registration is recommended to avoid long lines at the door. Most sessions will be limited to 25-30 participants. Sessions will be filled on a first-come, first-served basis. Many topics are offered in two different sessions.

TO REGISTER ONLINE: Go to www.familytofamilynetwork.org and click on Events/Katy Conference

QUESTIONS??? Contact the Family to Family office at:
713-466-6304 or f2fmichelle@sbcglobal.net

I registered for:

Session 1 _____

Session 3 _____

Session 2 _____

Session 4 _____

Session 1: 9:00 am – 10:15 am

140 - T.E.E.N. Presentation - Equipment to Help with Life at Home Caring for a family member with a disability can be challenging, but there are many types of equipment that can help make life easier. But if you don't know what is available, you won't know what to ask for or how to get it. We will discuss equipment for bathing, toileting, gait training, standing, specialty beds, transfer, and more.

Presenters: Paul Rice, ATP, RET, CRTS, and Nancy Rice, ATP of the Wheelchair Shop, Inc.

This presentation will repeat during session 2.

146 - T.E.E.N. Presentation - Diary of an Aspie Kid Johnathon uses his humor and knowledge to help parents, teachers, and other students understand his life with Asperger's Syndrome. Johnathon shares how it feels to have Asperger's Syndrome, the difficulties it brings, and what a school day can be like for him. After being included in regular school settings his whole life, Johnathon took it upon himself in 8th grade to write a speech to present to his peers to help them understand what it felt like to have his disability, and how they could be more understanding and supportive. Since that time, Johnathon has been asked to share his speech with parents, educators, and other students with Asperger's Syndrome to trainings and conferences.

Presenter: Johnathon Vermaelen

This presentation will repeat during session 4.

149 - T.E.E.N. Presentation – Focusing on the Future: The 5 Most important Tools in My Transition Tool Box This practical session will be offered through the unique perspective of a Special Education Teacher diagnosed with Asperger's Syndrome. James will discuss the five most important tools/strategies a student and their family can utilize to adequately prepare for life after high school. As a successful graduate student, James will demonstrate that many young adults with a disability can be independent and successful in their postsecondary/adult life if they have the right tools to work with. A special emphasis will be placed on the topics of self-determination, self-advocacy, and independent living skills.

Presenter: James E. Williams Jr., QMHP-CS Youth Case Manager at Texana Center, Presenter/Consultant at Focus Initiative

This presentation will repeat during sessions 3 and 4.

154 - T.E.E.N. Presentation - Day Habilitation Program Opportunities Question and Answer Panel A panel of representatives from several day habilitation programs will share information on the opportunities at their Day Habilitation programs, and answer questions from attending parents and young adults.

Panelists: Lauren Black, Ed.D., and Juan Clopton from Reach Unlimited; Donna Fruge, Executive Director of The Summerhouse; Kathy Sanders, Founder and CEO of New Danville; and June Jones, Executive Director of Home Place of Texas

One session only. This presentation does not repeat.

Session 2: 10:45 am – 12:00

211 - T.E.E.N. Presentation - Conflict Management and Resolution – Bullying Social skills are an integral part of managing peer relationships and are vital for conflict management. Children with "differences" are natural targets for bullies and must be taught self-awareness, self-advocacy and appropriate self-assertiveness to deal with potentially harmful situations. Discussion will cover defining bullying (including Cyber bullying), self esteem, self-assertiveness, action/reaction connection, and knowing when, where and how to get help.

Presenters: Wendy Dawson, President and Founder of Social Motion Skills, and Lauren Whidden, M.Ed., Program Director of Social Motion Skills

This presentation will repeat during session 3.

230 - T.E.E.N. Presentation – A Discussion on Dating, Sexuality and Sex Safety with Young Adults This interactive session will candidly discuss puberty issues, dating, sexuality and sexual safety as it pertains to individuals with Asperger's Syndrome/High Functioning Autism. Discussion will also include when and how lessons should be taught regarding body changes, sexual orientation, cyber sex, sexually transmitted diseases, and other related topics.

Presenter: Jacquelyn Mulkey, MA, Executive Director of Focus Initiative

This presentation will repeat during session 3.

253 - T.E.E.N. Presentation - College Opportunities Question and Answer Panel Representatives from several colleges will share information on college opportunities, as well as answer questions from attending young adults and parents.

Panelists: Ana Calvo, MSW (Director of Transition Services at VAST, HCC); Marie Waitt, M.Ed., LBSW (College Living Experience); Mahnaz Kolaini, M.Ed., LPC-S, ADA (Counselor at Houston Community College – NW); DeAnn Lechtenberger, Ph.D. (Texas Tech University/Burkhart Center for Autism Education and Research); and Shelley Townsend, Social Worker Intern (University of Houston, The Justin Dart, Jr. Center for Students with DisABILITIES)
One session only. This presentation does not repeat.

Session 3: 1:30 pm – 2:45 pm

304 - T.E.E.N. Presentation – Creating a Plan for the Future - What’s Important To/For you? Looking ahead to the adult world? An exciting time (new hopes and dreams, new adventures!), but also filled with challenges (new expectations, new systems, new questions). Where to start? How to plan? Who can help? What do I need to know? Let’s look at the future together!

Presenter: Laura G. Buckner, M.Ed., LPC, Family to Family Network, Texas Center for Disability Studies UT Austin
This presentation will repeat during session 4.

306 - T.E.E.N. Presentation - My Incredible Journey This presenter will share the obstacles she has overcome, and the lessons learned during the transition into adult life. She will also share what parents can do to assist their children in gaining confidence and independence.

Presenter: Ana Calvo, Ms. Wheelchair Texas 2009, Director of Transition Services at VAST, HCC, and Self-Advocate
This presentation will repeat during session 4.

315 - T.E.E.N. Presentation – Manage Your Anxiety and Stress Better This interactive presentation will provide strategies on how to better manage anxiety and stress. Learn what causes anxiety and stress to increase, and to decrease. Attendees will practice different techniques to see which ones work best for them.

Presenter: Michelle Garcia, Psy.D. of Michelle Garcia, Psy.D. and Associates, PLLC
This presentation will repeat during session 4.

317 - T.E.E.N. Presentation - Employment – What You Need to Know Learn the basic tools for young adults with disabilities, and their families, to prepare for entry into the workforce and adult living. Discussion will include how to incorporate employment skill development in the IEP goals, Social Security at age 18 and beyond, and basic supported employment process and state agency resources (DARS and DADS specifically). *Yes – You can work and keep Social Security/Medicaid!!!*

Presenter: Norine Jaloway Gill, UNTWISE (Workplace Inclusion and Sustainable Employment at the University of North Texas)
This presentation will repeat during session 4.

330 - T.E.E.N. Presentation – A Discussion on Dating, Sexuality and Sex Safety with Young Adults – (repeat presentation, see session 2)

347 - T.E.E.N. Presentation – What Now? Transitions to ... Life after high school can be like a roller coaster – scary, fast, and exciting with many curves ahead that could be followed by unexpected loop-the-loops. Future education, living independently, managing free time, making new friends, and disclosing disability often throw students off track. This presentation will guide parents and students to a better understanding of what lies ahead of them as they prepare for college and living independently.

Presenter: Marie Waitt, M.Ed., LBSW of College Living Experience
This presentation will repeat during session 4.

349 - T.E.E.N. Presentation – Focusing on the Future - The 5 Most important Tools in My Transition Tool Box – (repeat presentation, see session 1)

355 - T.E.E.N. Presentation - Young Entrepreneur Question and Answer Panel Several young adults with disabilities will share their entrepreneur experiences, and answer questions from attending young adults and parents. Learn how these young entrepreneurs made their dreams a reality!

Panelists: Grant Manier and Julie Coy of Grant’s Eco Art, Ricky Broussard (Motivational Speaker) with Imagine Enterprises/Get a Life! Texas, and Nolan Stilwell of Nolan’s Sweet Heat, James and Renee Parker of Shredding on the Go, Allison & Cheryl Sobolik of Mary Kay
One session only. This presentation will not repeat.

Session 4: 3:00 pm – 4:15 pm

404 - T.E.E.N. Presentation – Creating a Plan for the Future - What’s Important To/For you? – (repeat presentation, see session 3)

406 - T.E.E.N. Presentation - My Incredible Journey – (repeat presentation, see session 3)

415 - T.E.E.N. Presentation – Manage Your Anxiety and Stress Better – (repeat presentation, see session 3)

417 - T.E.E.N. Presentation - Employment – What You Need to Know – (repeat presentation, see session 3)

447 - T.E.E.N. Presentation – What Now? Transitions to ... - (repeat presentation, see session 3)

449 - T.E.E.N. Presentation – Focusing on the Future: The 5 Most important Tools in My Transition Tool Box – (repeat presentation, see session 1)